

British Columbia Forage Fish Spawning Survey

Methodology for Academics and Qualified

Environmental Professionals

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1.0 MATERIAL CHECKLIST

1.1 Fieldwork Checklist

Sample Collection

- Data sheets/clipboard
- Location codes document
- CHS map of sample area
- Pencils
- Tide tables (current and previous day)
- Camera
- Thermometer
- Measuring tape x2
- Telescoping leveling rod
- 1 metre stick
- Clinometer/hand site level
- Compass
- GPS unit
- Scoop (500mL)
- 4 litre Sample containers
- Sample tags
- Sediment Grain Card

Sample Processing Continued

Vortex Process

- 68 litre tote
- Bilge pump with hose and quick connectors
- Nylon stocking and an elastic
- Blue Bowl with stands
- 0.5 mm sieve
- 12 V marine battery
- Shims
- Turkey baster
- Big plastic spoon
- Small plastic spoon
- Rubber spatula
- Wash bottle (optional)
- Stockard's solution
- MSDS Sheet for Stockard's solution

Sample Processing

Sieving Process

- 5 gallon bucket with holes in the bottom
- Sieves – 4.0 mm, 2.0 mm, 0.5 mm
- Water buckets
- Water pitcher (optional)
- Plastic tub(s)
- Sample jar(s)
- Nylon brush
- Hose for water

1.2 Laboratory Checklist

- Dissecting microscope
- Petri dishes
- Small spoon
- Pipette
- Fine point forceps
- Corresponding datasheets
- Vials
- Stockard's solution
- MSDS Sheet for Stockard's solution

2.0 HOW TO SAMPLE – STEP BY STEP

2.1 Field Preparation

2.1.1 Determining When to Sample

1. Sampling occurs in the upper third of the intertidal zone, selecting areas that contain the preferable sediment composition. This section must be exposed in order to sample.
2. The ‘ideal sampling zone’ is 2 m to 3 m above the Mean Low Low Water (MLLW) mark, which will vary based on area. It is good practice to plan your sampling at times when your ‘ideal sampling zone’ is exposed. For example, if your MLLW mark is 1.2 m, the ‘ideal sampling zone’ would be 3.2 m to 4.2 m; therefore, you would not want to go to the beach until the water level is at 3.2 m or lower.

2.1.2 Determining the Mean Low Low Water Mark

3. A Canadian Hydrographic Service (CHS) map for the area of interest will be required.
4. Each map has a variety of tidal information recorded on the front of the map in a box, under the map’s title. It is in this box that you will find the “Mean Tide/LLW” measurement, which can then be used to determine the ‘ideal sampling zone’ for the region.

2.2 Site Assessment

5. Assess the area based on sediment type, with Pacific sand lance preferring medium sandy sediments 0.25 mm to 0.5 mm, with spawning also documented in coarse sand and fine pebble sediments 1.0 mm to 7.0 mm in diameter. Surf smelt prefer a sand and pea gravel combination, 1.0 mm to 7.0 mm. The landward boundary of the spawning area is the ‘high tide mark’, typically identified by a wrack (seaweed) line, and the seaward boundary is where there is a change in sediment type, becoming larger in size, or is simply at a lower elevation if there is no change in sediment type. *Note: See section 7.0, Best Practices, for images of preferable sediment types.*
6. Lay out the 30 m measuring tape through the middle of the suitable substrate for forage fish spawning habitat/activities.

2.3 Calculating Tidal Elevation

1. Using the ‘Calculating Tidal Elevation’ portion of your data sheet, work through the following steps.
2. Record your beach station number.
3. Using your leveling rod and clinometer/hand site level, you will determine the elevation change.
 - a. One sampler holds the leveling rod at the edge of the water while the other stands at the measuring tape and looks through the clinometer at the leveling rod.
 - b. When looking through the clinometer, determine where the zero value (percentage or degrees) aligns with the leveling rod – this will be your elevation change. *Note: Depending on the slope of the beach and the distance of the water from your 30 m measuring tape, you may need to take multiple measurements to determine the total elevation change; therefore, you would fill out A, B, C, and D on your datasheet, as needed.*
4. **Record the time at the waterline!** In other words, record the time when you are taking your last elevation change measurement, as this will be the time you use to determine height of water relative to chart datum from the tide chart.
5. In the ‘Subtract Eye Height’ column, record the height in which you used the clinometer (i.e., did you use the 1 m post or stand and measure from eye height). You must subtract the height at which you recorded from for every elevation change measurement that you took.

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6. Subtract the eye height from the elevation change and record in the 'Elevation Difference' column. Each calculated difference should be recorded and totaled at the bottom of the column.
7. Record the elevation of the tide under the 'Tide Level (Tide Table)' column at the time the last elevation change was recorded. *Note: Use Environment Canada's tide charts for the area nearest your sample site (www.tides.gc.ca)*.
8. Finally, calculate and record the 'Elevation Relative to Chart Datum' value by adding the 'Tide Level (Tide Table)' and the total 'Elevation Difference' values. This calculation determines where the 30 m measuring tape is in elevation relative to Chart Datum.
9. If the tidal elevation is 2 m to 3 m above the Mean Low Low Water (check your CHS map) for the region, then you are within the 'ideal sampling zone' for Pacific sand lance and surf smelt spawning. If not, adjust your 30 m measuring tape as is required, ensuring that you move it based on vertical elevation and not a horizontal distance. *Note: The 2 m to 3 m above Mean Low Low Water is not the principal determinant of a sample site. If the sediment appears favourable outside of the 'ideal sampling zone', feel free to sample just make note of the elevation and surrounding characteristics under the "Comments" section on your data sheet.*

2.4 Filling out the Forage Fish Spawning Beach Survey Datasheet

2.4.1 Location & High Tide Events

1. Use the *Location Code* document for Vancouver Island to fill out the regional district, as well as the municipality and/or electoral area that the sample site falls within. For the beach code use the first letter of each word in the name of the beach or the first two letters of the beach's name if it is only one word. For example, the code for 'Community Park Beach' would be 'CPB', whereas the code for 'Morningside Beach' could be 'MOR'.
2. Then review Fisheries and Oceans Canada (DFO) Management Areas to note the fisheries management area in which you are sampling in.
3. Finally, use the tide tables that you have printed off for that day and region to identify the "Last High Tide," referring to the most recent high tide event, and "Second Effective High Tide," which refers to a high tide that occurred the previous day that reached an elevation greater than or equal to the last high tide. Record the date, time, and elevation of each respective event, if applicable.

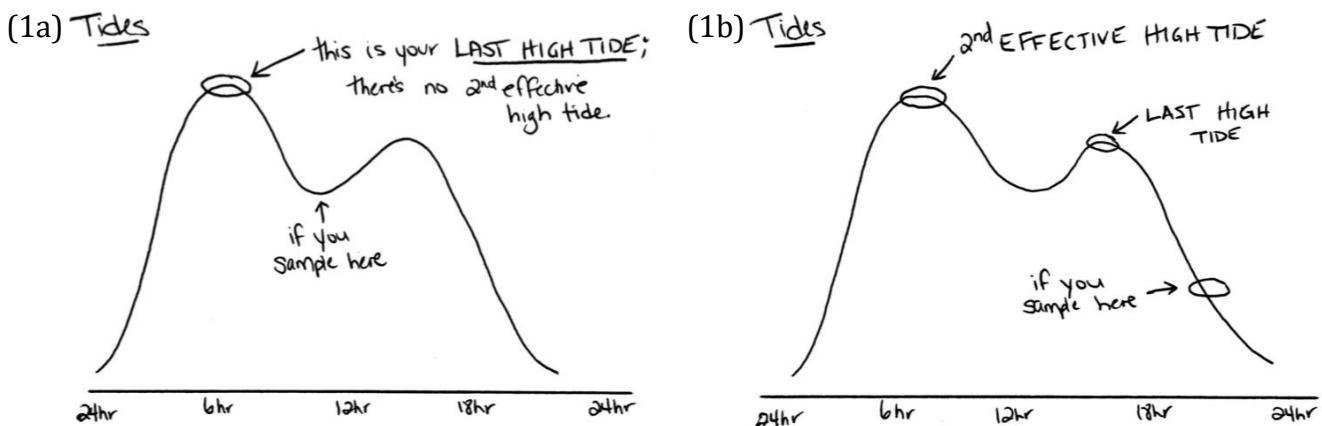


Figure 1. Explanation of tides that occurred prior to the time of sampling: (1a) last high tide, and (1b) second effective high tide (MABRRI, 2018).

2.4.2 Samplers

4. Record the sampler's name(s) and affiliated organization, if applicable.

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5. Record the date and time of the sample collection, as well as the identification number/name of the camera that you are using to take photos.

2.4.3 Current Conditions

6. Record the current weather conditions including the clouds, wind, and wave conditions.
7. Use the closest weather station to your location to record the air temperature, wind direction, and wind speed. Remember that winds are named after the direction they are coming from. *Note: Weather Underground (wunderground.com) is a useful website/app to use. Additionally, any locally accurate weather stations for your area can be used to record the current conditions.*
8. Using the thermometer, record the temperature of the water at the deepest depth you are able to reach safely.

2.4.4 Episodic Events

9. Prior to or after the sample collection, determine if there has been a storm event in the last week. *Note: Weather Underground (wunderground.com) is a useful website/app to use. Additionally, any locally accurate weather stations or buoys for your area can be used to record the conditions experienced in the last week.*
10. If there has been a storm event, record the duration of the event, including the dates and times at which it occurred, as well as the maximum wind speed and total precipitation that resulted from the event. *Note: Storm events can quickly alter a beach and may impact the dispersal of spawning events.*
11. Identify if there is evidence of beach wrack harvesting occurring at the sample site (i.e., all-terrain vehicle tracks on the beach, beach wrack found on the road parallel to the beach, etc.). *Note: This is only relevant when it is large-scale removal, meaning large vehicles are being brought onto the beach, which could disturb the embryos in the sediment if work was being conducted at the same time the forage fish were spawning.*

2.4.5 Site Attributes

12. Using a compass, determine the aspect of the beach (direction the beach is facing) and record both the cardinal direction and bearing (in degrees).
13. Beach slope is determined using a clinometer.
 - a. Each sampler stands 2.5 m on either side (landward and seaward) of the 30 m measuring tape to determine the slope. Record the slope of the beach (in degrees) on the data sheet. *Note: Refer to section 6.0 for how to use a clinometer.*
14. The maximum fetch distance is the longest horizontal distance over which wave-generating winds blow. This distance is more accurately determined using georeferenced CHS maps or Google Earth.
 - a. Input the GPS location of the sample site into the map of choice (a georeferenced CHS map or Google Earth).
 - b. Use the measuring tool, determine the greatest distance over which wind can travel undisturbed.
 - c. Record the determined distance.
15. A beach's exposure to wind and waves is reduced if there are landmasses or obstacles in the way. A beach's exposure is directly correlated to the fetch and can range from very protected, having landmasses in front of it, at less than 1 km, to very exposed and having nothing in front of it for more than 1000 km.
 - a. Refer to the back of the datasheet to determine the exposure that corresponds to the maximum fetch distance determined in step 14.

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2.4.6 Sediment Sample Collection

16. Record your beach station number and time at which you are sampling. *Note: Each beach station represents up to 300 m of beach. Therefore, if a beach has suitable sediment expanding greater than 300 m in length, it may be necessary to establish additional beach stations.*
17. Record the UTM coordinates at the 15 m mark of the 30 m measuring tape using a GPS unit.
18. Using the 'Field Observation Sampling Codes', found on the back of the datasheet, choose the dominant beach sediment type. If there is a mix of sediments on the beach, identify which sediment type is dominant in the 30 m by 5 m sampling area. It can be noted in the comments section at the bottom of the datasheet if there was a mix of sediment sizes. The sediment type should be approximated using the sediment grain size card.
19. Using the 'Field Observation Sampling Codes', identify the character of the backshore, which refers to how impacted the area above the beach station is as a result of human development.
20. With the second tape measure, measure the width of the potential forage fish spawning habitat. The width typically stretches from the highest tide mark (either last high tide or second effective high tide), usually determined by a wrack line, approximately 0.5 m in vertical elevation below the foreshore features (log line, dune grass, etc.), down to the area that has a notable change in sediment. *Note: If the beach has completely uniform sediment from top to bottom, the width will extend only a few metres in vertical elevation.*



Figure 2. Identifying the 'width' of the beach that is suitable for forage fish spawning activities in the upper intertidal zone.

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21. The length of the potential forage fish spawning habitat is referring to the distance along the beach that contains the suitable sediment. Use a GPS unit to mark a waypoint at either end of the potential spawning habitat and using a georeferenced map or Google Earth, measure the distance between them to get the length value. *Note: If the length of potential spawning beach is greater than 300 m it is ideal to establish a second beach station.*
22. Record the sample number. An individual beach station can have multiple samples if different beach elevations or sections appear to be suitable for spawning habitat. *Note: Sample areas are only 30 m x 5 m; therefore, there is a possibility that more than one sample can be taken.*
23. Record the “Landmark Object” that you have chosen to measure your 30 m measuring tape from. The object must be a permanent, unmovable object at the top of the beach, along the backshore.
24. You will measure the distance between the 30 m measuring tape, at the 15 m mark, and the chosen landmark. Be sure that the measurement is perpendicular to the measuring tape. Record this measurement in the ‘Landmark Distance (m)’ column. *Note: Sometimes the landmark does not line up with the 15 m mark. Therefore, be sure to measure the distance of the landmark to the measuring tape perpendicularly. Record in the comment section where on the measuring tape the landmark was measured from and what end of the beach the 0 m mark is located. For example, ‘the landmark was measured from the 24 m mark and the 0 m mark was at the west end of the beach.’*
25. Fill in the tidal elevation of your 30 m measuring tape that was determined at the beginning of this process, if it has not changed. If you have moved the measuring tape from the original position be sure to record the accurate elevation.
26. Using the ‘Field Observation Sampling Codes’, record how shaded the sample site is. *Note: This measurement considers a seasonal and daily average for the site.*
27. There are two sediment samples that can be collected:
 - a. A ‘Bulk’ (“B”) sample is a 4 L sediment sample that is collected when no embryos are evidently present at the site. This is the most common type of sample to be collected.
 - b. A ‘Scoop’ (“S”) sample requires the collection of approximately 500 mL of sediment. This method is used when embryo masses are visible on the beach. This will ensure species identification and minimal collection of embryos, reducing the overall impact.
28. The ‘Smelt’ and ‘Sand Lance’ columns require you to pick up a handful of sediment and look through it carefully to see if you are able to visualize any embryos before collection.
29. Each site requires six photos to be taken, including one of the completed sample tag, one of the sediment next to an object for size comparison (use the sediment grain card), one of the beach backshore, beach right, beach foreshore, and beach left. Ensure that you move, as necessary, to get representative photos of the foreshore and backshore. If multiple samples are collected at a single beach station only the photo of the sample tag and sediment are required for each subsequent sample. *See section 2.5 for how to complete a sample tag.*
30. Finally, include any additional comments regarding the site(s) or objects/wildlife you observed at the site in the “Comments” section at the bottom.

2.5 Sample Collection

1. Fill out a sample tag, including the date, location (beach code), sample station, and sample number.
2. You will need a 4 L plastic container, a filled out sample tag, and the 500 mL scoop.
3. Your sample area is 30 m by 5 m – therefore, it runs down the entire length of your 30 m measuring tape and 2.5 m on either side of it, towards the foreshore and backshore.

Date:	12/14/19
Location:	SFB
Beach Station #	1
Sample #	1

Figure 3. Sample tag.

4. Place the sample tag into the 4 L sample container. The sample tag will follow the sample from this point forward, all the way to the lab analysis.
5. Using the scoop and container, you will collect 4 L of sediment from the sample area, identifying the most ideal sediments along the measuring tape to collect. Be sure to collect a representative sample, spreading out along the measuring tape where the sediment is being collected; collect approximately half of the sample from above the measuring tape and the other half from below.
Note: This is biased sampling. Density counts are not being determined from this sampling method, simply presence and non-detection.



Figure 4. Sampling requires the collection of a 4 L sediment sample: (4a) and (4b) depict a sample container that is not filled to 4 L, while (4c) and (4d) show what a full sample container should look like.

6. Rinse the scoop after every sample you collect to avoid cross contamination between samples.

Note: If bulk samples cannot be processed immediately, they should be stored in 0.5 °C to 7 °C, such as a fridge, for up to 7 days; this will aid in reducing the rate of decomposition and embryo mortality.

2.6 Sample Processing

It is possible to complete the next steps either in the field or back at the office and/or laboratory, each requiring specific equipment:

2.6.1 Sieving in the Field

1. You will need a 5-gallon bucket with holes drilled in the bottom, three stackable sieves (4.0 mm, 2.0 mm, and 0.5 mm), a water bucket, a wash bucket, and a sample jar.
2. First, ensure that the sieves are stacked in the appropriate order from largest to smallest with the smallest being on the bottom. Then place the sieves on top of the 5-gallon bucket and pour your sample into the top sieve. Transfer the sample tag into the sample jar and ensure that this stays with the sample throughout the rest of the processing.
3. This is a two-person job – the first person will be collecting water to pour over the sample while the second person is responsible for shaking the sediment through the sieves.
4. Once the sample is fully washed through the sieves, transfer the sample from the 0.5 mm sieve into the wash bucket, this is the sample that you will process using the vortex method. *Note: The sediment left in the 4.0 mm and 2.0 mm sieves can be disposed.*



Figure 5. Research assistants processing sieving sediment samples.

5. Ensure you clean the sieves using the nylon brushes, and rinse out the buckets after each sample, to avoid cross contamination between samples.

2.6.2 Sieving at the Office/Laboratory

6. Follow the same method as stated above in “Sieving in the Field,” but instead of one person collecting water to pour over the sample, a hose can be used to wash the sample through while the other person shakes the sieves.
7. Ensure that you have collected the sample from the 0.5 mm sieve in a wash bucket, as well as clean the sieves and 5-gallon bucket between each of the sieving events.

2.6.3 Vortex Method

Note: Vortex method instruction discussed below is adapted from WDFW's published methods (Dionne, 2015), which can be found here: <https://wdfw.wa.gov/publications/02022>.

8. Ensure the nylon stocking is secured around the bilge pump using an elastic.
9. Fill the 68 L tote with 3 to 4 buckets of water, the hose, or until it is half full.
10. Put the tote lid back on and feed the bilge pump through the smaller hole, ensuring that the alligator clips and the flex hose stick out and the pump is fully submerged.
11. Rest the 0.5 mm sieve over the larger hole and place the blue bowl on top of that. Make sure that the sieve and blue bowl are as level as possible – use shims to level it if necessary.
12. Connect the bilge pump's hose to the blue bowl. Before you attach the battery clamps to the 12 V battery, ensure that the valve on the blue bowl is open – it should never be closed when the pump is running, it will cause the hose to burst. *Refer to section 5.0 to build a vortex kit of your own if you do not have one.*
13. Attach the battery clamps to the battery and allow the blue bowl to fill with water. *Note: Always connect the positive cable first, followed by the negative cable.*
14. Add the sediment sample to the blue bowl. The water should be approximately 1 to 2 cm from the top of the bowl after the sediment has been added.
15. Add the entire sample to the blue bowl, ensuring that you rinse out the wash bucket as well. *Note: If you have a very large sample that will over flow the raised centre be sure to process the sample in multiple portions.*
16. Once the sample is in the bowl, use the spatula and small spoons to agitate the sediment starting at the centre and moving the sediment towards the outer rim, for 3 minutes – this will release the lighter materials, such as embryos and organic matter. These lighter materials will be carried by the water vortex through the raised centre and be collected in the sieve below.
17. After agitation, let the water run for another minute, allowing the vortex to collect any of the last material.

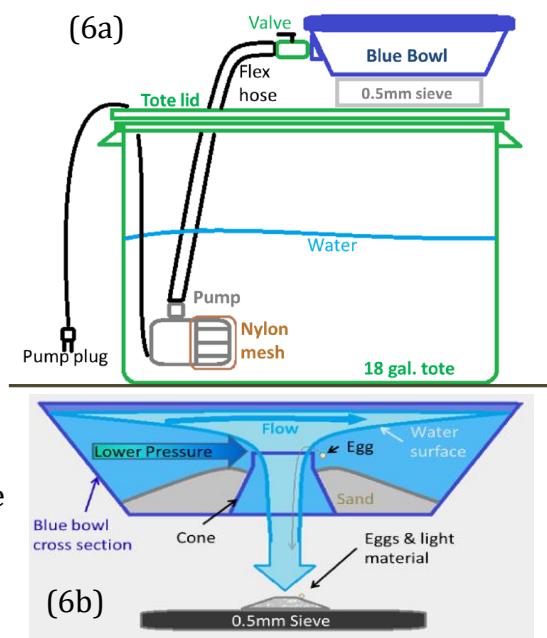


Figure 6. Vortex method explanation: (6a) vortex kit set-up and (6b) how the vortex is generated (Dionne, 2015).

18. When you are ready to shut off the bilge pump, you will need to close the valve attached to the blue bowl and disconnect the battery clamp simultaneously. Closing the valve will ensure that sediment doesn't get sucked back into the bilge pump. *Note: Always remove the negative cable first, then the positive cable.*

19. Using the baster, collect the sediment that is directly beside the raised centre of the blue bowl. This action will ensure that any final organic materials that didn't make it over the rim will be included in the sample.

20. Wash the final sample that was collected in the 0.5 mm sieve, into a sample jar. *Note: Try to limit the amount of water entering into the sample jar.*

21. Add the Stockard's solution:

- Using a pipette, do your best to remove the top layer of water in the sample jar.
- In a well ventilated area and wearing gloves and safety glasses, add enough Stockard's solution to cover the sediment sample.
- The sample can then be stored at room temperature until it can be analyzed. *Note: It is up to your group if you will be adding Stockard's solution to the sample; it will likely depend on the group's access to the appropriate equipment and disposal facilities. If you are not able to use Stockard's solution, it is best to have the samples looked at within seven days of processing.*

22. Don't forget to wash your sieve with the nylon brush and wash out all of your buckets. Finally, clean the nylon stocking that is covering the pump to ensure that all the sediment is washed off.

Note: If you are processing on the beach with salt water be sure to flush your bilge pump with fresh water as soon as possible, as salty, marine water will take a toll on the equipment over time.



Figure 7. Depicting how to agitate the sediment in the blue bowl.

3.0 LABORATORY ANALYSIS

- Each sample should be analyzed separately, ensuring no cross contamination.
- Using a small spoon, take a very small amount of your sample and spread it thinly in a petri dish. Creating a single layer, rather than a thick layer of sediment, along the bottom of the petri dish is the best technique and will reduce the possibility of missing embryos.
- Examine the entire sample using the dissecting microscope.
- Whenever you think that you have found an embryo, use a pipette to transfer it gently into another petri dish.
- Be sure to separate all of the embryos that you find from the sediment for further analysis. If there are embryos present, you will document:
 - [1] the species,*
 - [2] the number of each species, and*
 - [3] the alive to dead ratio of each species.*

If there are more than 100 embryos, you are only required to stage the first 100. All of this data is to be documented on the data sheet.

6. After analysis, the embryos that are found will be preserved in Stockard's Solution. Be sure you are in a ventilated area and are wearing the appropriate safety gear. You will pipette the solution from the bottle into the sample vial with the embryos; you only need enough solution to cover the embryos.

3.1 Species

There are four potential fish species that you are likely to see when sampling, including:

3.1.1 Pacific Sand Lance (*Ammodytes personatus*)

- Embryos are 0.8 mm to 1.0 mm in diameter
- Have multiple sand grains attached
- Not completely round
- Milky colour
- There is 1 large oil droplet in the yolk

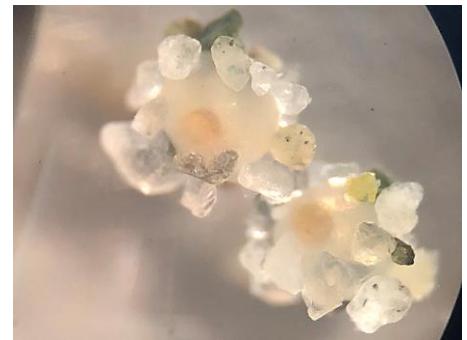


Figure 8. Pacific sand lance embryos.

3.1.2 Surf Smelt (*Hypomesus pretiosus*)

- Embryos are 1.0 mm to 1.2 mm in diameter
- The embryo will only be attached to the sediment at a single point, where the membrane has ruptured and folded back, exposing an adhesive attachment point, called the 'peduncle'
- Non-self-adhesive – do not attach to other embryos



Figure 9. Surf smelt embryos (Brian Koval, Peninsula Stream Society, 2019).

3.1.3 Rock Sole (*Lepidopsetta bilinear*)

- Perfect sphere
- Very transparent
- Does not attach to sediment – no attachment sites
- Non-adhesive

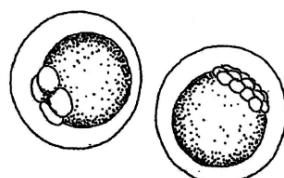


Figure 10. Rock sole embryos (Moulton & Penttila, 2006).

3.1.4 Pacific Herring (*Clupea pallasii*)

- Embryos are 1.3 mm to 1.5 mm in diameter
- Almost entirely spawn on marine vegetation
- They have a distinct shell attachment sites
- Often found in layers or clumps

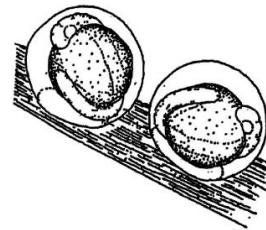


Figure 11. Pacific herring embryos (Moulton & Penttila, 2006).

3.2 Alive-to-Dead Ratio

Forage fish embryos that are alive will have a discernable embryo in a life stage event that can be determined by comparing it to your “Embryological-Stage Categories” sheet (refer to “Development Stages”).

Forage fish embryos that are dead will appear opaque-white, lack a discernable embryo, be covered in fungus, collapsed, or appear empty (refer to image below).

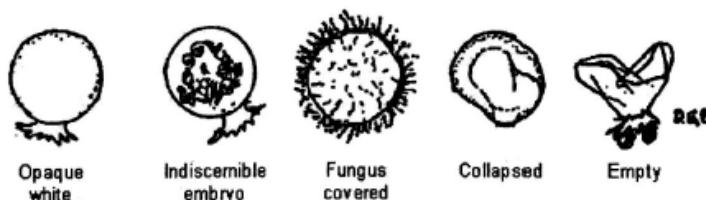


Figure 12. Depiction of forage fish embryos in dead or damaged states (Moulton & Penttila, 2006).

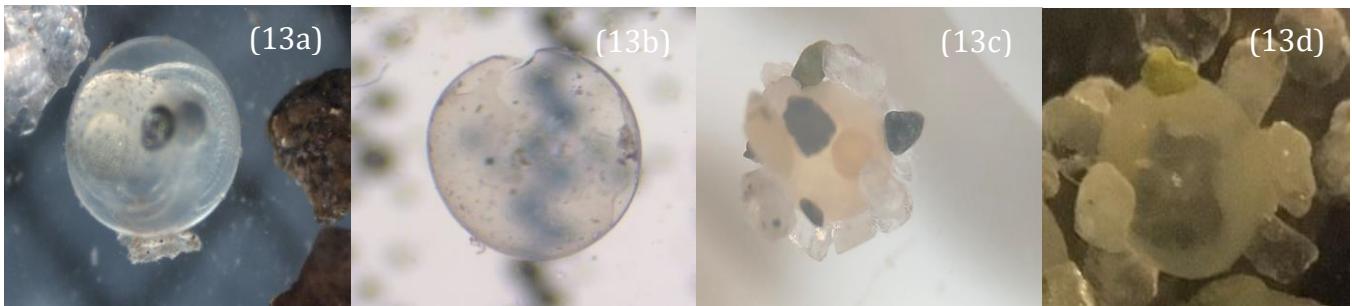


Figure 13. Embryos that are alive vs hatched/dead. Figures (13a) and (13b) show surf smelt embryos alive and hatched, respectively (Brian Koval, Peninsula Stream Society, 2019). Figures (13c) and (13d) show Pacific sand lance embryos alive and hatched, respectively.

3.3 Development Stages

Developmental stage drawings have been provided for two of the four potential species, with the Pacific sand lance being very similar to the Pacific herring developmental stages.

3.3.1 Pacific Herring

As there are no composites for Pacific sand lance embryos, the Pacific herring diagrams are to be used as a guide when identifying development stages, as they have been noted to be similar to the Pacific sand lance development.

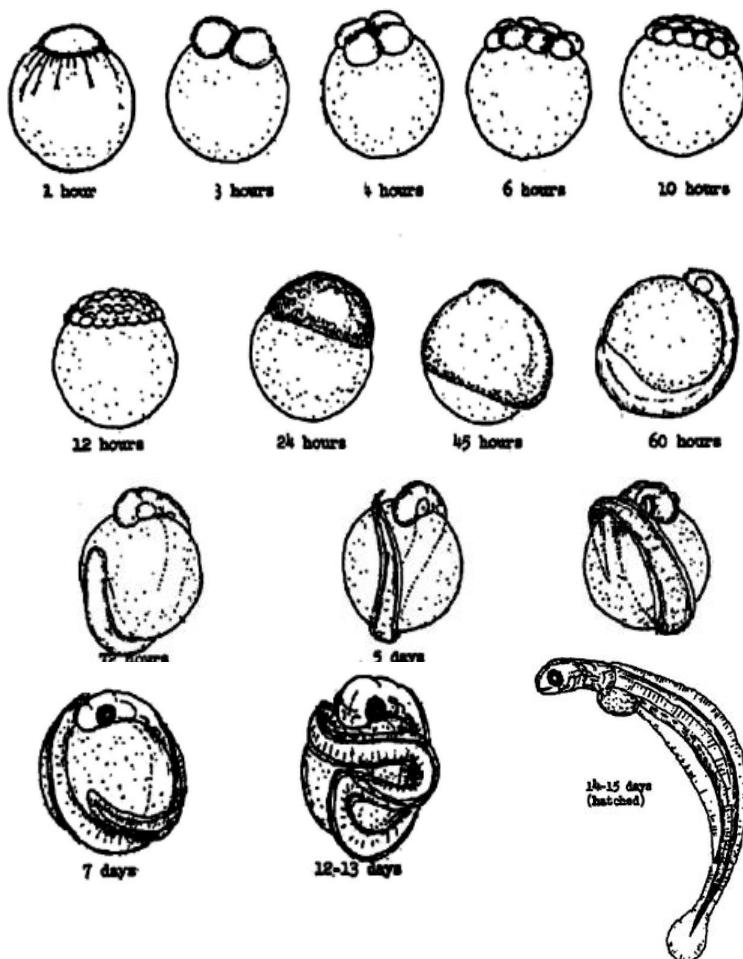


Figure 14. Pacific herring developmental stages (Moulton & Penttila, 2006).

3.3.2 Surf Smelt

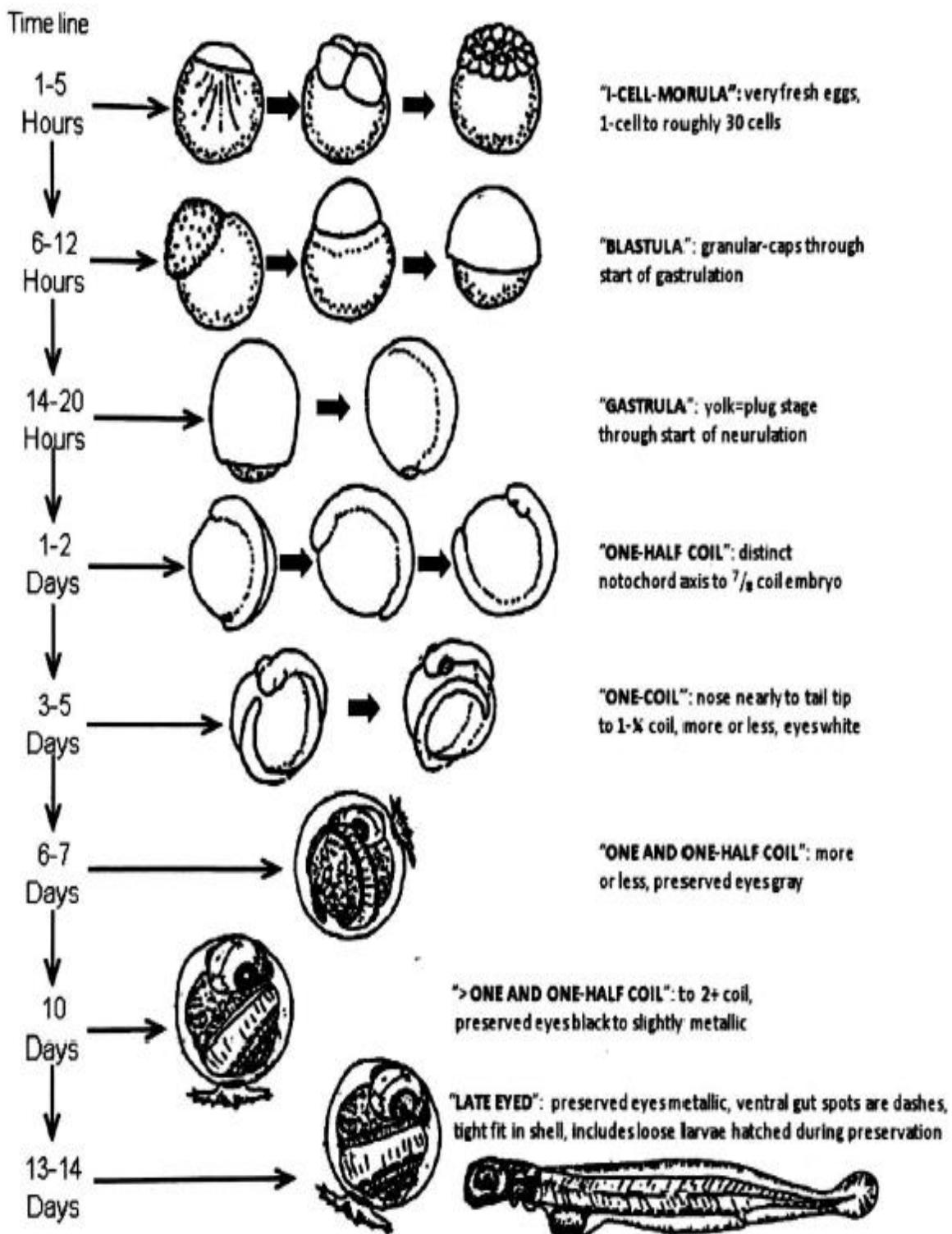


Figure 15. Surf smelt developmental stages (Moulton & Penttila, 2006).

3.4 Embryo Validation Process

Whenever embryos are detected in samples, they will need to be confirmed by an expert prior to submission of results to the database.

1. Using a dissecting microscope, take photos of the embryos that were found. *Note: Be sure that the photos are very clear, otherwise they are very difficult to confirm.*
2. Email the photos to an expert in either British Columbia or Washington State to confirm the species of embryos. *Note: If you are unclear who to contact, reach out to one of the main coordinating groups (MABRRI, Peninsula Stream Society, etc.) to determine the appropriate person to contact.*
3. Once confirmation has been received, this data can be uploaded into the Strait of Georgia Data Centre or be used in reporting.
4. Save/file a copy of the email with the datasheets to ensure that you have the confirmation on hand, if it is ever requested.

4.0 DATA MANAGEMENT

All forage fish data should be submitted to the Pacific Salmon Foundation's Strait of Georgia Data Centre, an open-access database hosted by the University of British Columbia. All data with regards to forage fish in the Salish Sea will be stored in this database, allowing for anyone interested in the data to access it. You can access the database from this link: <http://sogdatacentre.ca/>.

If you are unsure who to contact with regards to data submission or formatting, contact one of the main coordinating groups (MABRRI, Peninsula Stream Society, etc.) to determine the appropriate person to contact.

5.0 BUILDING A VORTEX METHOD UNIT

5.1 Materials Required

- 68 litre tote with lid
- Water bucket
- Blue bowl concentrator
- An adjustable hose valve
- 750 to 1000 GPH submersible electric water pump
- Alligator clips
- Nylon stockings and an elastic
- 60 cm length of ¾" corrugated hose
- ¾" male hose fitting
- 2 x ¾" hose clamps
- Quick connect hose fittings
- 0.5 mm Sieve
- Wash tub
- Shims
- Rubber spatula
- Large plastic spoon

- Small plastic spoons
- Baster
- Nylon brush
- Wash bottle (optional)
- Metal hangers (optional)
- 12 V marine battery

5.1.1 For construction

- Box cutter
- Permanent marker
- Electrical tape

5.2 Material Preparation

5.2.1 Body of the Vortex

1. Cut two holes in the tote's lid: one smaller one in the top corner for the flex hose and battery clamps to come out of and one larger round one that the 0.5 mm sieve will sit on. You will have to customize this hole to ensure that your sieve will not fall through. *Note: It is suggested you draw the holes with a marker prior to cutting, ensuring that the holes will not be too big.*



Figure 16. Depicting how to cut the holes in to vortex kit lid (Dionne, 2015).

5.2.2 Bilge Pump Preparation

2. Connect the bilge pump to one end of the corrugated hose using one of the hose clamps.
3. Insert the $\frac{3}{4}$ " male hose fitting into the other end of the corrugated hose and secure it with the second hose clamp.
4. Add one of the quick connector fittings to the male hose fitting on the corrugated hose.
5. Using pliers, attach the alligator clamps to the bilge pump cables. Be sure to connect the clamps to the appropriate cables.
6. Stretch the nylon stocking over the pump's water intake and secure in place with an elastic. The stocking ensures that if any embryos are lost in the tote, they will not pass through the pump and into the blue bowl, potentially cross contaminating samples if multiple are being processed. *Note: Be sure the nylon stocking is tight so the stocking does not get sucked in when the pump is turned on.*



(17a)



(17b)

Figure 17. Bilge pump preparation: (17a) identifies the materials that will be required to prep the bilge pump and (17b) depicts how the bilge pump should look when put together.

5.2.3 Blue Bowl Concentrator Preparation

7. Add the second quick connector fitting to the blue bowl concentrator.
8. Prepare 'legs' for the blue bowl by cutting the metal hangers with wire cutters and folding the ends of the metal hangers back. *Note: The blue bowl concentrators come with 'legs', however they are typically too small and result in the blue bowl slipping off of the sieve. Therefore, it is recommended to build these longer 'legs' to ensure the sample being processed does not slip off.*

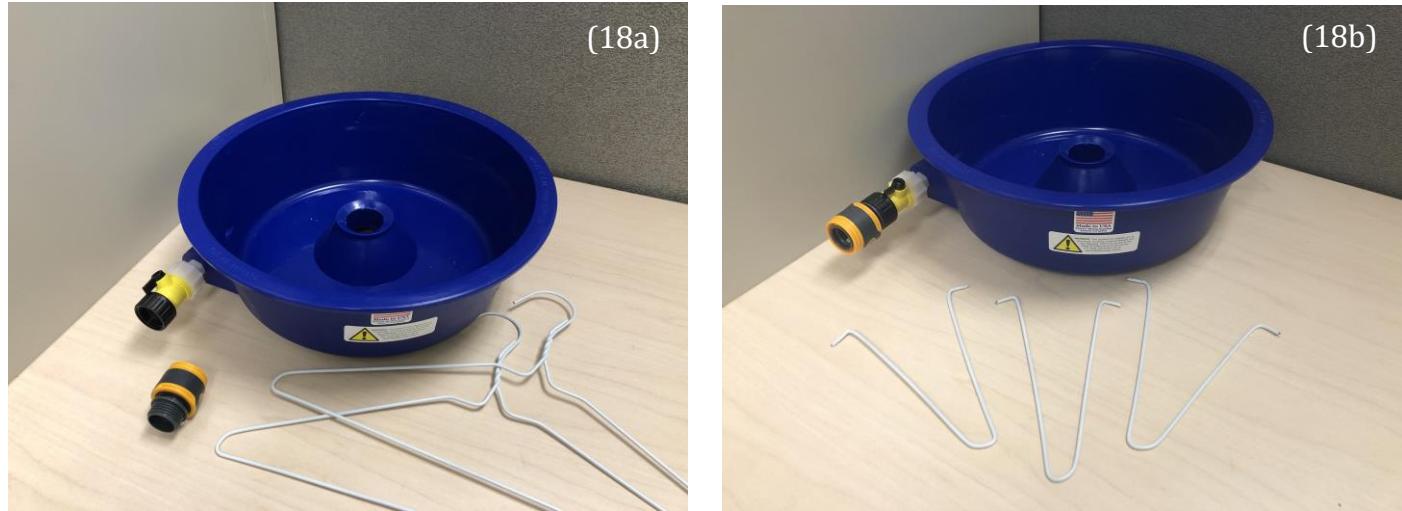


Figure 18. Blue bowl concentrator preparation: (18a) identifies the materials that will be required to prep the blue bowl and (18b) depicts how the blue bowl should look when put together.

5.3 Assembly

9. On a level surface, fill the tote half full of water, place the bilge pump in the tote, and secure the tote's lid, feeding the alligator clamps and corrugated hose through the "pump hole."
10. Set the 0.5 mm sieve over top of the "water return hole" and stack the blue bowl on top of the sieve, extending the 'legs' so it sits level.
11. Attach the corrugated hose to the blue bowl using the quick connector fittings. The final product should appear like Figure 19.
12. Follow the sediment processing details in section 2.6 'Sample Processing – Vortex Method'.

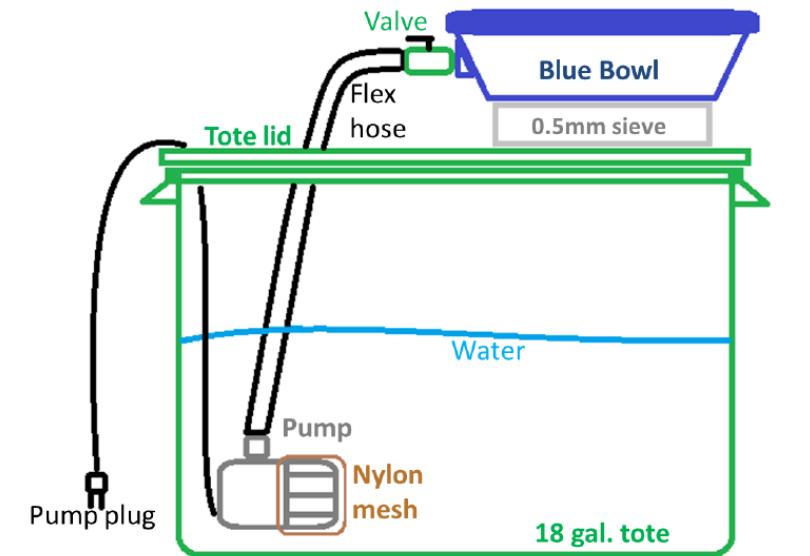


Figure 19. How to set up a vortex kit set-up (Dionne, 2015).

6.0 HOW TO USE A CLINOMETER

1. Partner up and stand at the same elevation a few metres apart and facing each other.
2. Hold the clinometer up to your dominant eye. Keep both eyes open and look through the sight lens.
3. While holding the clinometer up to your eye, line the crosshair up with the zero. When aligned, use your other eye to note what part of your partners body the crosshair intersects (i.e., chin, nose, etc.).
4. Now have the taller partner stand 2.5 m on the seaward side of the 30 m measuring tape.
5. Look through the clinometer at your partner and locate the same reference point (i.e., chin, nose, etc.) that was designated in step 3.
6. At this point you can either determine the slope in degrees (using the left side), or in percent (using the right side).



Figure 20. Clinometer (TrekkInn, n.d.).

7.0 BEST PRACTICES

7.1 Identifying Suitable Sediment

When selecting spawning habitat, different species of forage fish have different preferences for different sediment types. It is not uncommon that there is a lot of broken shell material mixed in with the sand and gravel. Do not try to avoid the shell materials as forage fish embryos can attach to the shells, as they are the same size as their favourable sediments.



Figure 21. Identifying which beaches are preferable for Pacific sand lance and surf smelt to use for spawning.

7.1.1 Suitable Sediment: Pacific Sand Lance (PSL)

Pacific sand lance spawn from November to mid-February and prefer medium sand 0.25 mm to 0.5 mm in diameter, with spawning also documented in coarse sand and fine pebble sediments from 1.0 mm to 7.0 mm in diameter.



Figure 22. Pure sand: preferable sediment for PSL spawning (to scale).

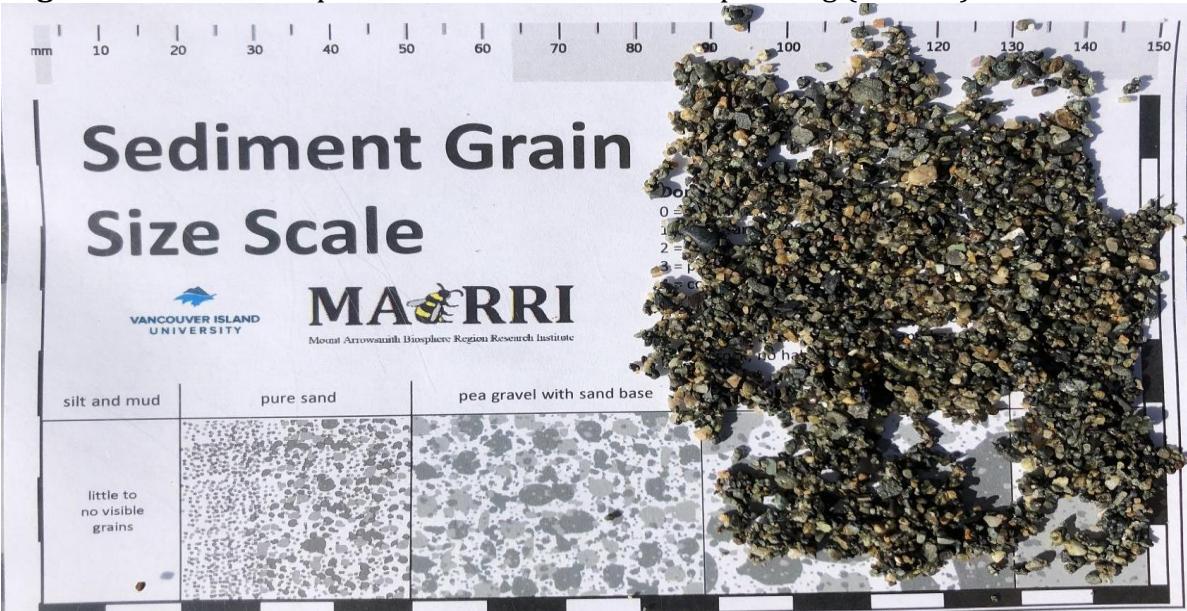


Figure 23. Pea gravel with sand base: preferable sediment for PSL spawning (to scale).

7.1.2 Suitable Sediment: Surf Smelt (SS)

Surf smelt spawn have been found to spawn year-round in coarse sand to fine pebble sediment mixes ranging from 1.0 mm to 7.0 mm in diameter.

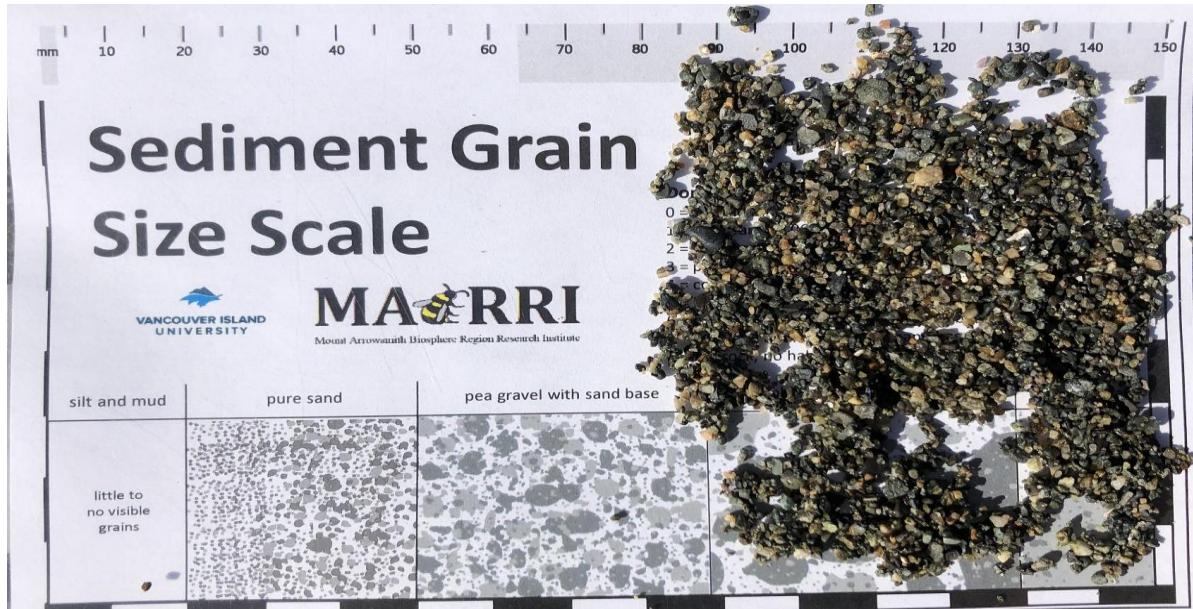


Figure 24. Pea gravel with sand base: preferable sediment for SS spawning (to scale).

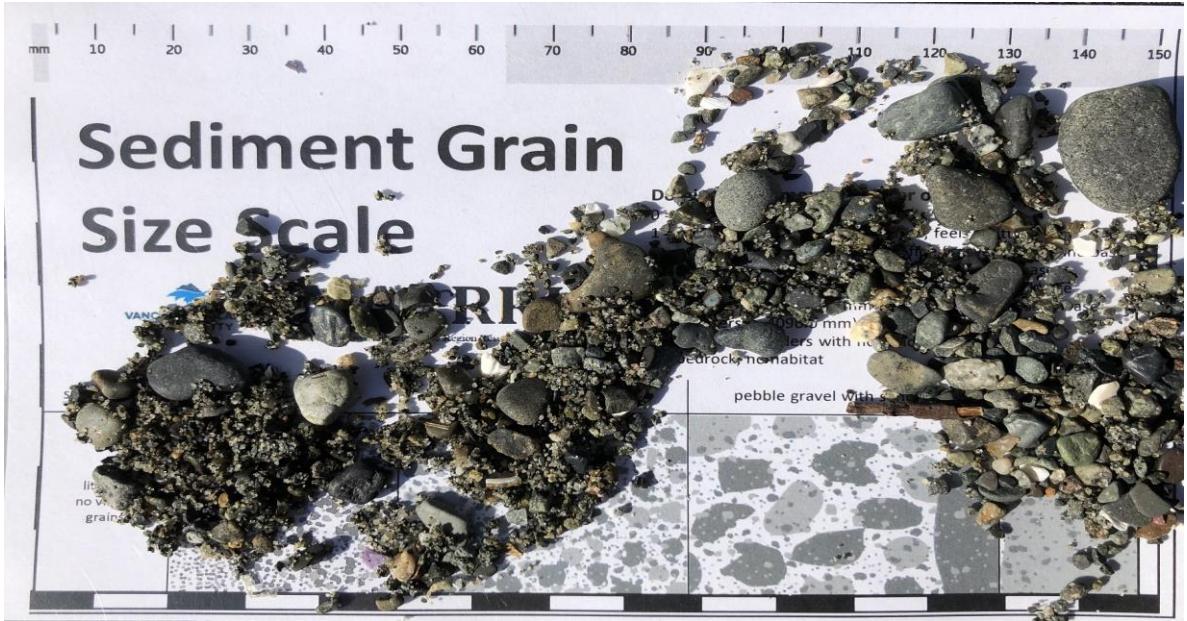


Figure 25. Pebble gravel with sand base: preferable sediment for SS spawning (to scale).

7.1.3 Unsuitable Sediments

Some of the sediments that beaches consist of are not suitable for Pacific sand lance and surf smelt to spawn on. Large cobble not ideal; although forage fish embryos can attach to this larger sediment, they are less likely to survive. Additionally, mud and silt is too fine and compact, making it difficult for respiration to occur and increasing the likelihood of embryo smothering.

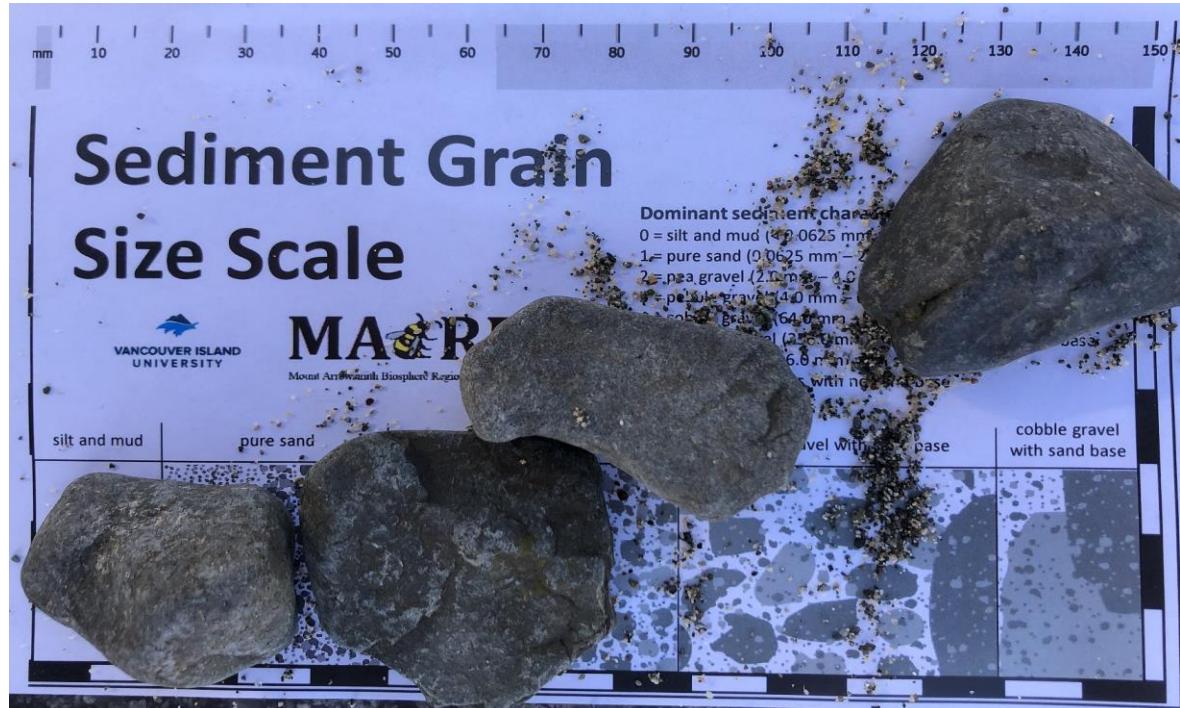


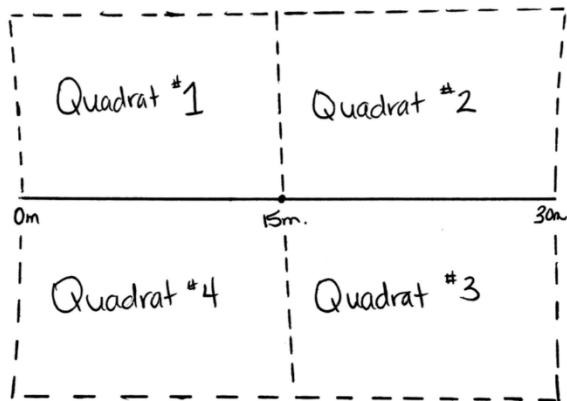
Figure 26. Cobble gravel with a sand base: unsuitable sediment for PSL and SS spawning (to scale).

7.2 Forage Fish Sampling Methods

A few things to consider when sampling:

- Select the most ideal looking sediment, sampling those sediments that are approximately 0.2 mm to 7.0 mm in diameter will provide you with the greatest potential of capturing a spawning event. This is biased sampling, but these protocols are used to determine where and when surf smelt and/or Pacific sand lance are spawning in British Columbia. Therefore, the data collected will indicate spawning presence or non-detection.
- When investigating a beach's sediment composition, be sure to move some of the top layer of larger sediment or seaweed out of the way to determine if:
 - the ideal sediment identified on the surface is a few centimeters thick and not just a small layer situated overtop of larger cobble sediments; or,
 - the not ideal sediment (i.e., larger cobble) identified does not have a layer of ideal sediment below it before moving on to the next beach. *Note: When sampling you can move the top layer of sediment and scoop the ideal sediment below. This can be done because when spawning occurs, the wave action moves the embryos around, allowing them to settle down under the larger sediment.*
- When collecting the sediment, do your best to get a representative sample of the entire sample area (30 m by 5 m). A simple way to do this is to mark the 15 m mark along the 30 m measuring tape and envision that your area is divided into 4 equal quadrats, each 15 m by 2.5 m (see below). By doing this you can collect approximately 25% of your sample from each section.

(27a)



(27b)



Figure 27. An example of how to visualize the sampling area to collect the representative sample: (27a) breaking the 30 m by 5 m into quadrats, and (27b) the quadrats drawn out on a beach.

Note: If a portion of your sample area has non-ideal sediment (bedrock, large cobble, mud, or silt), do your best to get an equal amount of sediment from each of the ideal sections.

7.3 Sample Processing

A few things to consider when processing your sample(s):

- When transferring the sample from the sieve to the wash tub in the field, pour the water through the back of the sieve and slowly rotate the sieve to ensure the entire sample has been transferred.

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Note: When using a hose, it is still easiest to spray the sieve from the backside to transfer the entirety of the sample into the wash tub.

- When sieving in the field, you can use a water pitcher instead of a large water bucket to reduce physical ailments, as well as have better control of the water flow.
- If you still retain a very large sample after you have processed your sample through the sieves, it is best to process the sample in multiple 'batches' through the vortex kit; this will enable the greatest amount of the preferential sediments to be collected.
- When you have completed both processing steps, sieves and the vortex kit, and you are transferring your sample into a jar, it is best to first scoop the bulk of the sediment into the jar with a small spoon (rather than using water to coerce your sample into the jar). If you use water from the start, there is the potential that your jar will overflow, which may result in losing some of your sample.
- Be sure to clean all your gear between samples (i.e., sieves, blue bowl, buckets, baster, spoons, etc.) to prevent cross contamination.
- If you use salt water to process your sample, be sure to rinse all of your gear with fresh water as soon as possible, including flushing the bilge pump.

7.4 Laboratory Analysis

A few things to consider when analyzing your sample(s):

- Drawing grid lines or a set of circles on the bottom of the petri dish can aid in distinguishing where in the petri-dish you have already looked
- When putting sediment into the petri dish to analyze, be sure to only put in a very small amount to make a single layer of sediment. If sediments are stacked on top of one another, processing them takes longer and it is less likely that you will see the embryos mixed in amongst the sediment.
- Look for movement in the petri dish when moving it around. The embryos sway in the water when the dish is moved around, whereas the sediment will remain steady.
- When you think you have found an embryo, use the forceps to gently squeeze it – this will ensure that it is not a rock or a piece of plastic.
- If the sample is not in preservative, be sure to keep it in a cool place (i.e., fridge) and analyze your samples within seven days.

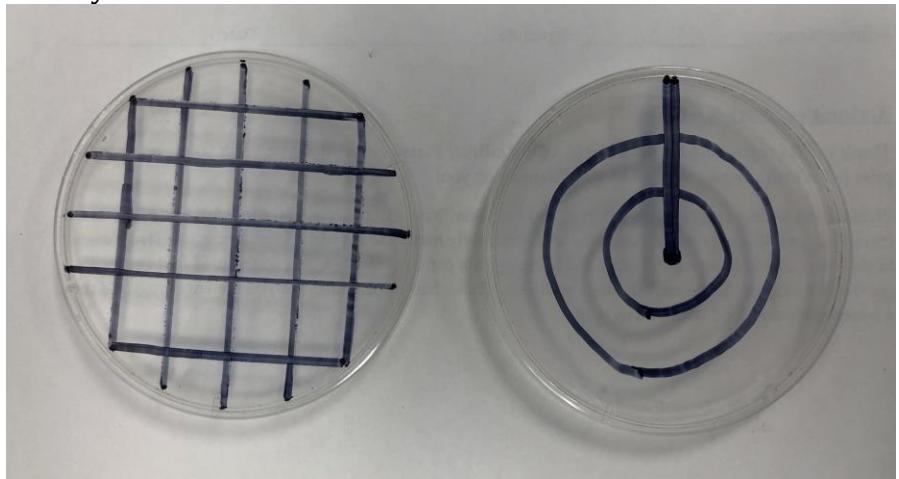


Figure 28. Petri dishes with grid lines and circles to aid in analysis process.

7.5 How to Safely Use Stockard's Solution

Although Stockard's solution is more potent than ethanol, there are some benefits to using it. It is recommended that Stockard's solution be used because ethanol can bleach and desiccate the embryos, making species identification difficult. Additionally, when the embryos are preserved in Stockard's solution than can be stored for years and can be used for educational purposes.

Therefore, there are a few things to consider when using it:

- Ensure to have the MSDS sheet on hand
- Recommended to have WHMIS training
- Be sure to be in a well ventilated space (i.e., outside, fume hood) and wearing gloves and safety glasses when using
- Use a pipette to transfer the Stockard's solution into the jar or vial in a controlled fashion
- When filling the sediment or embryos, only add enough solution to fully cover them
- Ensure disposal of Stockard's solution in the appropriate location according to the MSDS sheet

8.0 REFERENCES

A variety of documents and resources were used to produce this manual, including:

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